

RPS and RMIS Lunch Menu 2022-2023

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Deli Tray sausage waffles egg patty hasbrown syrup/butter fruit milk or juice	Deli Tray Soft taco Mexican Rice lettuce, tomato shredded cheese fruit milk or juice	Deli Tray Hotdog w/sauce baked beans chips fruit milk or juice	Deli tray Chicken nuggets potato smiles cucumbers w/ranch bbq, ketchup fruit milk or juice	Deli Tray pizza corn carrot sticks fruit milk or juice
Week 2	Deli Tray Chicken sandwich chips carrots w/ranch pickles, lettuce fruit milk or juice	Deli Tray Spaghetti w/meat sauce peas & carrots broccoli w/ranch garlic bread fruit milk or juice	Deli Tray chicken and waffles syrup/butter green beans fruit milk or juice	Deli Tray Mozzerella breadstick marinara sauce side salad w/ranch fresh broccoli fruit milk or juice	Deli Tray pizza corn carrotsticks fruit milk or juice
Week 3	Deli Tray chicken nuggets french fries green beans fruit milk or juice	Deli Tray Nachos/taco meat doritos salsa,lettuce,tomato refried beans fruit milk or juice	Deli Tray corndogs fries cooked carrots mustard,ketchup fruit milk or juice	Deli Tray hotdog w/sauce chips baked beans fruit milk or juice	Deli Tray pizza corn carrot sticks fruit milk or juice
Week 4	Deli Tray Hamburger lettuce, tomato Mayo, mustard ketchup Plain Lays fruit	Deli Tray Chicken strips baked potato green beans roll fruit milk or juice	Deli Tray bacon egg tater tots biscuits&gravy fruit milk or juice	Deli Tray chicken noodle soup green beans crackers fruit milk or juice	Deli Tray Pizza corn carrot sticks fruit milk or juice

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