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District	Menu Name	Week of	Meal Session	Grade Range	Menu Status
Russell Ind.	RMS WK 1, B'FAST	8/6/2017 - 8/12/2017	Breakfast	Grades 6 - 8	Not Submitted

**Weekly Component Statistics**

**Weekly Nutrient Statistics**

	Fruit/Veg.	Grains	M/M-A-Grain	Total Grains	M/M-A-Extra	Milk		Avg. Calories	Avg. % Sat. Fat	Sodium Avg.
Regulation	5 cups			8 oz servings - 10 oz servings		5 cups	Regulation	400 - 550 kcal	< 10%	≤ 600 mg
Menu Actuals	5 cups	20.75 oz servings	0.5 oz servings	20.75 oz servings - 28.25 oz servings		5 cups	Menu Actuals	466 kcal	6.61%	577 mg
Regulation Min Met	Yes			Yes		Yes	Regulation Met	Yes	Yes	Yes
Regulation Max Met	---	---	---	No	---	---				

\* As per the USDA policy memo regarding the flexibility with the meat/meat alternates and grains requirement, there will be no penalty for exceeding the maximum.

**Weekly Subgroups of Vegetables Served**

	Dark Green	Red/Orange	Beans/Peas	Starchy	Other Vegetable	Additional Veg. to Reach Total
Menu Actuals						
Regulation Met?				Yes		

**Weekly Whole Grains, Milk Served**

Regulation	Menu Actuals	Regulation Met?
100% of Grains Servings must be Whole Grain- Rich	100%	Yes
A variety of milk types are served	Served	Yes
Cannot serve Low-fat (1%), flavored	Not Served	Yes
Cannot serve Reduced fat (2% fat) or whole, unflavored and flavored	Not Served	Yes

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District	Menu Name	Week of	Meal Session	Grade Range	Menu Status
Russell Ind.	RMS WK 2, B'FAST	8/13/2017 - 8/19/2017	Breakfast	Grades 6 - 8	Not Submitted

#### Weekly Component Statistics

	Fruit/Veg.	Grains	M/MA-Grain	Total Grains	M/MA-Extra	Milk		Avg. Calories	Avg. % Sat. Fat	Sodium Avg.
Regulation	5 cups			8 oz servings - 10 oz servings		5 cups	Regulation	400 - 550 kcal	< 10%	≤ 600 mg
Menu Actuals	5 cups	18.5 oz. servings		18.5 oz servings - <b>28.25 oz servings</b>		5 cups	Menu Actuals	466 kcal	7.33%	575 mg
Regulation Min Met	Yes			Yes		Yes	Regulation Met	Yes	Yes	Yes
Regulation Max Met	---	---	---	No	---	---				

\* As per the USDA policy memo regarding the flexibility with the meat/meat alternates and grains requirement, there will be no penalty for exceeding the maximum.

#### Weekly Subgroups of Vegetables Served

	Dark Green	Red/Orange	Beans/Peas	Starchy	Other Vegetable	Additional Veg. to Reach Total
Menu Actuals						
Regulation Met?				Yes		

#### Weekly Whole Grains, Milk Served

Regulation	Menu Actuals	Regulation Met?
100% of Grains Servings must be Whole Grain- Rich	100%	Yes
A variety of milk types are served	Served	Yes
Cannot serve Low-fat (1%), flavored	Not Served	Yes
Cannot serve Reduced fat (2% fat) or whole, unflavored and flavored	Not Served	Yes

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District	Menu Name	Week of	Meal Session	Grade Range	Menu Status
Russell Ind.	RMS WK 3, B'FAST	8/20/2017 - 8/26/2017	Breakfast	Grades 6 - 8	Not Submitted

#### Weekly Component Statistics

	Fruit/Veg.	Grains	M/MA-Grain	Total Grains	M/MA-Extra	Milk
Regulation	5 cups			8 oz servings - 10 oz servings		5 cups
Menu Actuals	5 cups	20.75 oz servings	0.5 oz servings	20.75 oz servings - <b>28.25 oz servings</b>		5 cups
Regulation Min Met	Yes			Yes		Yes
Regulation Max Met	---	---	---	No	---	---

#### Weekly Nutrient Statistics

	Avg. Calories	Avg. % Sat. Fat	Sodium Avg.
Regulation	400 - 550 kcal	< 10%	≤ 600 mg
Menu Actuals	470 kcal	6.41%	576 mg
Regulation Met	Yes	Yes	Yes

\* As per the USDA policy memo regarding the flexibility with the meat/meat alternates and grains requirement, there will be no penalty for exceeding the maximum.

#### Weekly Subgroups of Vegetables Served

	Dark Green	Red/Orange	Beans/Peas	Starchy	Other Vegetable	Additional Veg. to Reach Total
Menu Actuals						
Regulation Met?				Yes		

#### Weekly Whole Grains, Milk Served

Regulation	Menu Actuals	Regulation Met?
100% of Grains Servings must be Whole Grain- Rich	100%	Yes
A variety of milk types are served	Served	Yes
Cannot serve Low-fat (1%), flavored	Not Served	Yes
Cannot serve Reduced fat (2% fat) or whole, unflavored and flavored	Not Served	Yes

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District	Menu Name	Week of	Meal Session	Grade Range	Menu Status
Russell Ind.	RMS, WEEK 4, BFAST	8/27/2017 - 9/2/2017	Breakfast	Grades 6 - 8	Not Submitted

## Weekly Component Statistics

	Fruit/Veg.	Grains	M/MA-Grain	Total Grains	M/MA-Extra	Milk		Avg. Calories	Avg. % Sat. Fat	Sodium Avg.
Regulation	5 cups			8 oz servings - 10 oz servings		5 cups	Regulation	400 - 550 kcal	< 10%	≤ 600 mg
Menu Actuals	5 cups	22 oz servings	1 oz servings	22 oz servings - 30.5 oz servings		5 cups	Menu Actuals	461 kcal	4.39%	582 mg
Regulation Min Met	Yes			Yes		Yes	Regulation Met	Yes	Yes	Yes
Regulation Max Met	---	---	---	No	---	---				

## Weekly Nutrient Statistics

\* As per the USDA policy memo regarding the flexibility with the meat/meat alternates and grains requirement, there will be no penalty for exceeding the maximum.

## Weekly Subgroups of Vegetables Served

	Dark Green	Red/Orange	Beans/Peas	Starchy	Other Vegetable	Additional Veg. to Reach Total
Menu Actuals						
Regulation Met?				Yes		

## Weekly Whole Grains, Milk Served

Regulation	Menu Actuals	Regulation Met?
100% of Grains Servings must be Whole Grain- Rich	100%	Yes
A variety of milk types are served	Served	Yes
Cannot serve Low-fat (1%), flavored	Not Served	Yes
Cannot serve Reduced fat (2% fat) or whole, unflavored and flavored	Not Served	Yes

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